



# Your Fertility Benefit

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The 32BJ Health Fund is proud to partner with Progyny to help members achieve their dream of parenthood. There are many paths to growing a family, and no one way is right for everyone.

## Your Progyny fertility benefit includes:

- Comprehensive fertility treatment coverage leveraging the latest technologies and treatments
- Access to premier fertility specialists
- Unlimited support from a dedicated Patient Care Advocate (PCA) every step along the way



## Eligibility

32BJ members and their covered spouses enrolled in an eligible medical plan through the 32BJ Health Fund have access to the Progyny benefit. Please consult with the 32BJ Health Fund to confirm your eligibility, or call Progyny directly.

## The Progyny Smart Cycle and Your Progyny Coverage



A “Smart Cycle” is how Progyny measures its fertility treatment services.

Each Progyny fertility service makes up a fraction (like  $\frac{1}{4}$  or  $\frac{1}{2}$ ) of a Smart Cycle. A Smart Cycle can be different for each patient because it is based on the treatment plan you and your Progyny fertility specialist decide is best for your personal needs and goals. A Smart Cycle is designed to cover full your fertility treatment services, so you won’t have to worry about running out of coverage in the middle of your treatment. The Health

Fund covers one Smart Cycle of fertility treatment services. If your Smart Cycle does not result in a live birth, you would be eligible for a second Smart Cycle to use as your Lifetime Maximum fertility benefit.

Call your PCA to learn more about your Smart Cycle benefit (including treatment examples), and reference this Coverage and Copay Chart for more information:

Benefit	In-network	Out-of-network	Limitations
Initial consultation and diagnostic testing bundle	\$40 copay	No coverage	1 Smart Cycle per Lifetime*
Treatment cycle	\$100 copay	No coverage	1 Smart Cycle per Lifetime*
Low tech radiology services (e.g., hysterosalpingography)	Plan pays 100% (\$0 copay)	No coverage	1 Smart Cycle per Lifetime*
Prescriptions	\$30 copay per fill	No coverage	Must be filled with Progyny Rx. Covers preauthorized fertility medications

\*You have access to an additional Smart Cycle if your first is not successful.

## Personalized Support from a Patient Care Advocate

Progyny members receive access to a dedicated Patient Care Advocate (PCA) for support at each stage of your journey. A PCA is a trained fertility expert whom you can rely on to support you along your unique fertility journey. You can speak to your PCA by phone, email, secure messaging, and through the Progyny app. Spanish-speaking PCAs are available to all members. Your PCA can assist you with:

- Finding the best fertility doctor for you
- Scheduling and preparing for appointments

- Understanding how different fertility treatments work and what to expect during your treatment

## How to Get Started

To get started, call Progyny to activate your benefit and confirm your eligibility. A welcome specialist will ask you a few questions about your family building goals, and then you'll be matched with your dedicated PCA. You can schedule time together to learn more about your coverage, and what to expect. Here are a few helpful questions to ask your PCA during your first phone call:

- What is my first step in getting started?
- How do I find a provider that's right for me?
- What can I expect at my initial consultation?
- What questions should I ask my fertility specialist?
- How can I learn more about different treatment types?
- How much will my treatment cost?

## Understanding Your Financial Responsibility

Following any treatment services, you will receive a bill from Progyny. Your financial responsibility is determined by the health plan you're enrolled in. If you have questions about a bill you receive from Progyny, call 32BJ Health Services at 866.230.3225. Your PCA can also answer any cost or billing questions you might have.

## Sample Progyny Member Journeys

### Sample IVF Journey

Kate and John have been unsuccessful in building their family, and call Progyny to learn more



They speak with their PCA and get an initial consultation scheduled with a fertility specialist



Their doctor decides **IVF Freeze All** is the right treatment for them, which uses three quarters of 1 Smart Cycle



Kate then undergoes a **Frozen Embryo Transfer**, which uses 1 quarter of 1 Smart Cycle

Kate achieves a healthy pregnancy, with remaining embryos in storage

1  
Smart Cycle  
used

### Sample IUI Journey

Gwen wants to learn her options for building her family as a single mother by choice



Gwen speaks to her PCA who activates her benefit and helps her set up a consultation



Gwen and her doctor decide **Purchasing Donor Sperm** to transfer via **IUI** is the right next step for her



She achieves a healthy pregnancy, with remaining sperm in storage

1/2  
Smart Cycle  
used



To learn more about your benefit  
and connect with your dedicated  
PCA, call 866.960.3601.

